



# Nature Walkers

## Membership Form

### Our mission:

Nature Walkers is an organization of Rossmoor residents who value the scientific evidence that immersion in nature is important in maintaining and improving physical and mental health. Our mission is two-fold: to advance public understanding of this issue and to support the expansion of accessible, well-designed walking options that will increase opportunities to socialize, meet new friends and strengthen community.

First name \_\_\_\_\_ Last name \_\_\_\_\_

(Please print clearly)

Address \_\_\_\_\_ Entry \_\_\_\_\_

Email \_\_\_\_\_

Cell # (     ) \_\_\_\_\_

New Member? \_\_\_\_\_ Returning Member? \_\_\_\_\_

### DUES

*Dues cover our expenses for website and announcements, handouts, displays, events (renting venues, films and paying for guest speakers)*

Membership dues for 1 year are \$10.00 Cash \_\_\_\_\_ Ck# \_\_\_\_\_ Date \_\_\_\_\_

**Make checks payable to Irene Keenan (important! Not Nature Walkers)**

Enclose your check and Membership form in an envelope.

Mail to: Mary Anne Clark, 1780 Stanley Dollar Drive, 2A, Walnut Creek, CA 94595

OR

the Nature Walkers mailbox in the Gateway Offices

You will be added to our email list and will receive notification of all of our activities.

**Please specify your areas of interest:**

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